



St. Helena's Weekly Newsletter

Dear Parents,

Did anyone watch The One Show on Monday?

The newsreader Kate Silverton was talking about her new book "There is no such thing as naughty". This parenting book sounds brilliant, based on years of research on early childhood development. She talked about the power of sitting with your child on the "time out" step and just silently holding them so that they could begin to regulate their emotions. She talked about children just really wanting your presence not lots of presents! We know this but it is hard trying to be the perfect parent all the time. It is so important to remember that being the perfect, imperfect parent is good enough, especially after the year we have experienced!

Parents of little people might like the resources and helpful tips on:

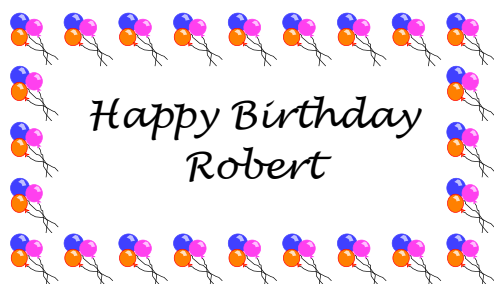
<https://www.bbc.co.uk/tiny-happy-people>

It is a fabulous website to help you build and extend their communication skills - this is an area of development that, nationwide, has been a casualty of the Pandemic restrictions.

One thing every parent could do for their children now is to enrol them in an after-school activity like a dance class, scouting troop, sports club, or arts group. These social opportunities are vital for their extended learning, interaction, and preparation for the wider world especially in our rurally isolated area. It is just lovely to hear of some of our children re-joining their football teams, ballet lessons and kick-boxing sessions to name a few. Some children have even started new clubs like Ava (Y1) at Beavers and Alyce and Grace (YR) playing hockey! Their excitement has been infectious and hopefully more children will follow their friends.

Conversation, Challenges and Company are what's needed now ... for young and old!

Love Mrs Belton x



**Parent Governor Vacancy
Deadline for applications
is 10am Friday 7th May.**



**Class Photographs
Wednesday 5th May**

**Please make sure the children wear
a school jumper or cardigan.
Thank you.**

Parents' Meetings

Tuesday 4th May	Mrs Roberts Year 2
Thursday 6th May	Miss Wickland Year 5
Monday 10th May	Mr Goddard Year 6
Tuesday 11th May	Mrs Shaw Reception
Wednesday 12th May	Miss Newson Year 1

Please book your 15 minute face to face appointment on Parentmail. Please wear a face mask. If you would prefer a telephone conversation please book your slot and then contact the school office.

Thank you.

Year 3, 4, 5 and 6 Relationships and Sex Education.

During the last two weeks of half term (Monday 17th to Friday 28th May) , the children in Year 3/4, Year 4/5 and Year 6 will be exploring Relationships and Sex Education as part of their Science and PSHE learning. All of the content to be delivered is in line with the Science curriculum, and the new 2020/21 PSHE/RSE framework for primary schools.

Over the course of a number of sessions, the children explore:

- Puberty, hygiene and human development.
- Sexual intercourse and human reproduction.
- Love and relationships.

Year 6 Children will consider:

- The differences between sex, gender and sexuality.
- Sex in the media.

If you have any queries about the content of the sessions, please do not hesitate to contact school for more information.

Sunnyside Garden

I have been very busy again this week in the garden, planting out the peas in two rows and giving them sticks to cling to as they grow. The sweet peas have also been planted out around a tall cane structure. I expect them to grow to the top of the canes and produce lots of sweet smelling flowers the summer. Most of my sweet pea plants have been planted in Alford Manor House garden where they will grow on sticks, in a sunny spot against the side of the barn.

The sweet peas will need lots of regular watering. I check all my greenhouse plants each day to see whether to water them. If the pots or trays feel light, I put them in a tray of water until the compost is moist again.

In the greenhouse I have planted courgettes, butternut squash and runner beans. In the garden I have sown rows of parsnips, carrot and wallflower seeds. I have protected them by putting sticks near them. I do not want the badger who visits the garden every night to dig them up. He has already dug a deep hole in the flower border. I wonder why?



School Transport.

If your child is starting primary school in September 2021 they may be eligible for school transport. If you think your child is eligible please apply for transport as soon as you have your offer of a school place. Applications can be made online at the website below or a telephone application can be made by contacting the Customer Service Centre on 01522 782020.

For more information about home to school transport policy and online applications please go to www.lincolnshire.gov.uk/school-college-transport. Queries can be emailed to schooltransportapplications@lincolnshire.gov.uk

All Year 6 children should have brought home a letter regarding a visit to Rand Farm in June. If not please ask at the school office for a copy.
Thank you.



Remember . . .
School will be closed
Monday 3rd May 2021
for Bank Holiday Monday.



NSPCC Number Day
Friday 7th May
Please come dressed in numbers!
A donation of £1 will be gratefully
received for NSPCC.

Diary Dates 2021

MAY

- 4th Year 2 Parents' Meetings with Mrs Roberts
- 5th Class Photos
3:30pm Governors' Fabrics' Meeting
- 6th Year 5 Parents' Meetings with Miss Wickland
- 7th NSPCC Number Day
- 10th Year 6 Parents' Meetings with Mr Goddard
- 11th Year Reception Parents' Meetings with Mrs Shaw
- 12th Year 1 Parents' Meetings with Miss Newson
- 25th Sports Personality visiting school
- 28th End of Term 5

JUNE

- 7th School open—Term 6
- 7th-25th Year 1 Phonics screening
- 17th-18th Year 6 Residential at Rand Farm
- 21st-25th Assessment Week

JULY

- 8th Rhubarb Theatre performance to the whole school
- 12th Bannovallum School Y6 transition day
- 15th 10am-12pm Teddy Bears' picnic for new Reception children
10:30am-11:30am New Little Explorers' introduction with parents.
5pm New Reception children Parents' meeting
- 19th 3pm Open Evening—come and collect your child's report.
- 20th 6pm Year 6 Prom
- 21st Leavers' Assembly
- 21st End of term
- 22nd Staff Training Day